

INDIVIDUAL CLIENT SUCCESSES THIS MONTH

BEEP TEST:

(This test assess a clients 'Cardiovascular Fitness')



This Month's top five finalists are:

1. Paul Nicholl's 6.4
- 2.
- 3.
- 4.
- 5.

Looking Good and Feeling Great Pty Ltd

ABN: 85 112 426 052

Tel: 0403 691 855 Fax: 02 4730 1348

Email: denver@lgfg.com.au Website: www.lgfg.com.au