

INDIVIDUAL CLIENT SUCCESSES THIS MONTH

PUSH-UPS:

(This test assesses a client's level of 'Upper Body Strength')



This Month's top five finalists are:

1. Alison Basham 60 (Toes)
- 2.
- 3.
- 4.

Looking Good and Feeling Great Pty Ltd

ABN: 85 112 426 052

Tel: 0403 691 855 Fax: 02 4730 1348

Email: denver@lgfg.com.au Website: www.lgfg.com.au